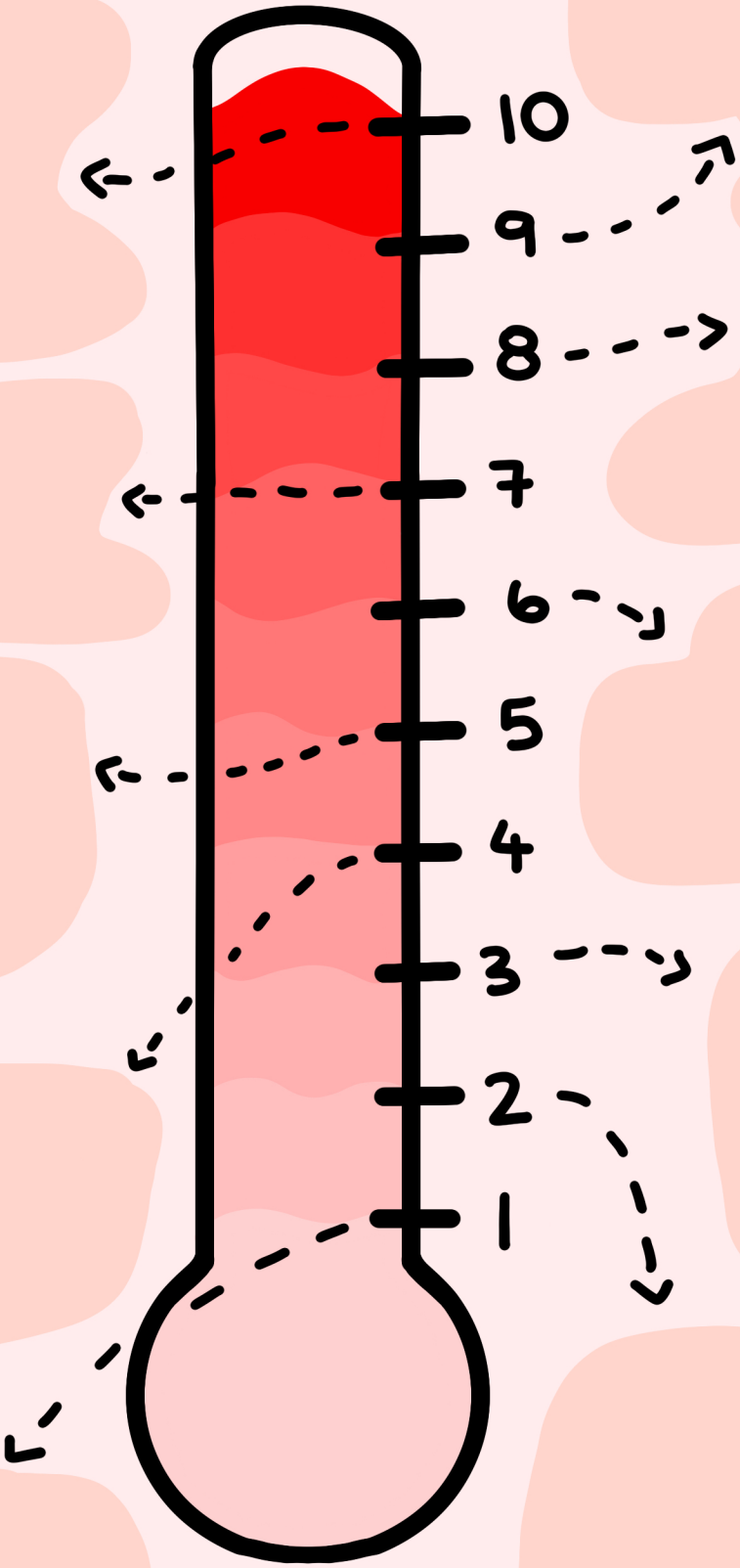
Anxiety Thermometer

List specific symptoms (thoughts, feelings, actions) that you have for each level on the anxiety thermometer. 10 represents your maximum anxiety level.



Created by: Abeera Tareen