

• Happiness

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Cheerful  
Content  
Pleased  
Confident  
Successful  
Interested  
Proud  
Peaceful  
Thankful  
Hopeful

• Love

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Affection  
Closeness  
Connected  
Compassion  
Respected  
Intimate  
Trusting  
Accepted  
Playful

• Anxiety

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Fear  
Jittery  
Scared  
Stressed  
Tired  
Worried  
Overwhelmed  
Unfocused  
Out of Control  
Timid

# Related Emotions

• Anger

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Annoyed  
Enraged  
Aggressive  
Betrayed  
Humiliated  
Distant  
Frustrated  
Furious  
Violated  
Resentful

• Surprised

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Amazed  
Startled  
Excited  
Confused  
Horrorified  
Appalled  
Shocked  
Energetic  
Perplexed  
Awe

• Sadness

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Vulnerable  
Depressed  
Hurt  
Guilty  
Fragile  
Inferior  
Disappointed  
Embarrassed  
Lonely  
Empty